



MONROE ANIMAL HEALTH

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Discharge Instructions for Canine Spay

Your dog is recovering from surgery, which requires continued nursing care at home in order to ensure a successful outcome. Your job during the recovery period at home is just as important as the procedure we've just completed.

Ovariohysterectomy is the full name for the procedure that your dog has just undergone. Commonly known as spaying, this surgery involves the removal of both ovaries and the uterus. This makes it so that your female will not come into heat or have puppies.

Restrict Activity!!! – Excessive activity can lead to injury or serious complications, which would mean additional expense to you and more discomfort for your pet.

- Confine your pet to a small area or kennel.
- Do not allow your pet to run or jump.
- Do not allow your pet to climb stairs.
- Do not allow surgery site to become wet or dirty.
- Leash walks outside
- No bathing for 7-10 days

If your pet is discharged on the same day, she may be groggy from the anesthesia. She may appear depressed wobbly and may tremble, these signs should resolve within 12 hours. She should be allowed to recover in a quiet room at home away from other pets. Check on her progress intermittently.

First offer only small amounts of water, and if she seems alert and hungry, offer small amounts of food (1/3 of usual meal). Every pet reacts differently, some pets may not eat anything for 24 hours. Call our office if vomiting occurs.

Watch your pet very carefully for any signs of licking at the surgery site. If you notice this, then you need to let us know so that we can fit your pet with the appropriately sized e-collar which will prevent access to the site. Also, do not allow other pets in the household to lick the patient's surgery site. You will need to separate them if you notice this.

Administer prescribed post operative pain medication only. Do not give any over the counter medications unless directed by the veterinarian.

We normally use dissolvable sutures for this procedure so unless told otherwise you will not have to return for suture removal.

Call us if you have any questions or concerns.

If after hours call the Animal Emergency Clinic at **318-410-0555**.